



2nd PSC-PHILSPADA Para National Games 2013



1. **AUTHORITY:** the 2nd PSC-PHILSPADA Para National Games will be organized by the Philippine Sports Association for the Differently Abled, National Paralympic ^{Committee} ~~Committee~~ of the Philippines (PHILSPADA-NPC Philippines) under the auspices and authority of the Philippine Sports Commission (PSC).

2. **DATE AND PLACE:**

Date : February 15-23, 2013

Venue : Laguna Sports Complex, Sta. Cruz, Laguna

3. **SPORT:** the following sports will be played:

- ◆ Athletics – played by; OH/Wheelchair/Amputee, Blind, CP, ID Athletes
- ◆ Swimming – played by; OH/Wheelchair/Amputee, Blind, CP, ID Athletes
- ◆ Table Tennis – played by; OH/Wheelchair/Amputee Athletes
- ◆ Powerlifting – played by; OH/Wheelchair/Amputee Athletes
- ◆ Badminton – played by; OH/Wheelchair/Amputee Athletes
- ◆ Chess – played by; OH/Wheelchair/Amputee, Blind, CP Athletes
- ◆ Goalball – played by; Blind Athletes
- ◆ Tenpin Bowling – played by; OH/Wheelchair/Amputee, Blind, CP Athletes
- ◆ Wheelchair Basketball – played by; Wheelchair Players
- ◆ For DEMO – Sitting Volleyball/Cycling/Wheelchair Tennis; played by: OH

Note 1: depending on the entries, the organizers and the Technical Committee reserve the right to combine/cancelled classes/sports as may be necessary.

Note 2: **OH** – Orthopedically Handicapped; **Blind** – Visually Impaired
CP – Cerebral Palsy; **ID** – Intellectually Disabled

4. **SPORT EVENTS:** below are the following sport events:

- ◆ **Athletics Men:**
100m, 200m, 400m, 1500m, 5000m, 4x100m relay, long jump, shot put, discus, javelin
- ◆ **Women:**
100m, 200m, 400m, 1500m, 4x100m relay, long jump, shot put, discus, javelin
- ◆ **Swimming Men:**
50m Freestyle, 50m Back, 50m Breast, 50m Fly
100m Freestyle, 100m Back, 100m Breast, 100m Fly
200m Freestyle, 400m Freestyle

Women:

50m Freestyle, 50m Back, 50m Breast, 50m Fly

100m Freestyle, 100m Back, 100m Breast, 100m Fly

200m Freestyle, 400m Freestyle

♦ **Table Tennis:**

Male & Female: Single, Doubles, Team (Class 1-10)

♦ **Badminton:**

Male & Female: Single, Doubles, Team

♦ **Powerlifting Male:** Up to 48kg, Up to 52kg, Up to 56kg, Up to 60kg, Up to 67.5kg, Up to 75kg, Up to 82.5kg, Up to 90kg, Up to 100kg, Over 100kg

Female: Up to 40kg, Up to 44kg, Up to 48kg, Up to 52kg, Up to 56kg, Up to 60kg, Up to 67.5kg, Up to 75kg, Up to 82.5kg, Over 82.5 kg

♦ **Chess:**

Male & Female: Single

♦ **Goalball:**

Male & Female: Open/Mix Category Team (max 4 players/team)

♦ **Tenpin Bowling:**

Male & Female: Single, Doubles

♦ **Wheelchair Basketball:**

Male: Team (Team total points not exceed the 14.5 points limit)

5. RULES: the event will be conducted in accordance with the latest competition rules promulgated by IPC sport and each ISF shall be applied to the games. Three (3) individual event and one (1) team sport only are allowed, relay was conceder as a team sport. NO cross event/sports for individual event will be allowed.

6. SPORT VENUES:

- ♦ Athletics – Laguna Sports Complex
- ♦ Swimming – Laguna Sports Complex
- ♦ Table Tennis – Laguna Sports Complex Gym
- ♦ Powerlifting – Laguna Sports Complex Weightlifting Gym
- ♦ Badminton – Laguna Sports Complex Gym
- ♦ Chess – Laguna University Annex Bldg.
- ♦ Goalball – Laguna Sports Complex Gym
- ♦ Tenpin Bowling – To be confirm
- ♦ Wheelchair Basketball – PSC-Philsports Gym, Ultra, Pasig City (Eliminations) & Laguna Sports Complex Gym (Finals)

7. SCHEDULE OF ACTIVITIES:

No.	ACTIVITIES	VENUES	FEBRUARY 2013											
	Arrival of Contingents	Laguna Sports Complex	•	•										
	Classification	Laguna Sports Complex		•	•	•								
	Team Manager/Coaches Meeting	Laguna Sports Complex				•								
	Opening Ceremony	Laguna Sports Complex				•								
	Competition by Sports													
	5.1 Athletics (AT)	Laguna Sports Complex					•	•	•					
	5.2 Badminton (BA)	Laguna Sports Complex Gym					•	•						
	5.3 Chess (CH)	Laguna University Annex Bldg.					•	•	•					
	5.4 Goalball (GB)	Laguna Sports Complex Gym					•	•	•					
	5.5 Powerlifting (PO)	LSC Weightlifting Gym							•					
	5.6 Swimming (SW)	Laguna Sports Complex					•	•	•					
	5.7 Tenpin Bowling (TB)	TBA					•	•	•					
	5.8 Table Tennis (TT)	Laguna Sports Complex Gym					•	•	•					
	5.9 Wheelchair Basketball (WB)	PSC-Philsports Gym (Elims.)			•	•	•	•						
		LSC Gym (Finals)											•	
	Demo Sports	Laguna Sports Complex												
	6.1 Sitting Volleyball (SV)	Laguna Sports Complex											•	
	6.2 Cycling (CY)	Laguna Sports Complex											•	
	6.3 Wheelchair Tennis (WT)	Laguna Sports Complex											•	
	Closing Ceremony	Laguna Sports Complex											•	
	Departure of Contingent													•

8. UNIFORMS: all participating athletes are required to wear sports uniform during competition day.

9. ELIGIBILITY:

The following sports event is open to all PWD athletes who are eligible to play.

- ◆ Athletics – ages 14-30 years old only
- ◆ Swimming – ages 14-30 years old only
- ◆ Table Tennis – ages 14-30 years old only
- ◆ Powerlifting – ages 14-40 years old only
- ◆ Badminton – ages 14-30 years old only
- ◆ Chess – Open to all ages
- ◆ Goalball – ages 14-30 years old only
- ◆ Tenpin Bowling – ages 14-30 years old only
- ◆ Wheelchair Basketball – open

10. OFFICIAL ORGANIZER & SUPPORTERS:

Name:

- ◆ Philippine Sports Commission (PSC)
- ◆ PHILSPADA-NPC Philippines
- ◆ Provincial Government of Laguna
- ◆ Department of Education (DepEd)
- ◆ Department of Interior & Local Government (DILG)
- ◆ National Council on Disability Affairs (NCDA)

Postal address: Room 101, Building E, PSC-PhilSports Complex, Ultra, Pasig City

E-mail: philspada_npc_philippines@yahoo.com

Phone: 2 6364884

Fax: 2 6350375

Contact Person: Mr. Luis Jose B. Arellano, President

11. CLASSIFIER:

The classifiers headed by Dr. Raul Michael Cembrano

12. CLASSIFICATION:

All new athletes and athletes who are to have their classification card should be present in time for classification period. This means that all athletes **MUST** arrive by 15th February 2013 i.e. the day start for the classification is scheduled. *This is very important as athletes not present on time may not be classified and not eligible to compete in the competition.*

All athletes should bring with them their medical diagnosis and any other medical information relevant to their classification. They should report to classification with these documents, dressed as if they are going to play. All athletes and support staff are expected to cooperate fully in the classification process.

All visually impaired athletes must present an Optometrist/ophthalmologist report. The said report must include visual acuity, and visual field (with correction).

Previously classified participants from the previous PSC-PHILSPADA National Games must still undergo the classification process.

Wheelchair basketball participants previously classified **MUST** bring their wheelchair basketball classification card (WBCC) classification IDs and submitted to the classification panel at least 1 week prior to the games. New WB players must be reported as "New" in the list. A penalty shall be given to those previously classified players with no cards.

For intellectually disabled, they **MUST** provide an IQ (intelligence quotient) testing Score (numeric) report from the school psychologist or a third party certified psychologist. Certification from the principal will **NOT** be entertained.

All athletes **MUST WEAR** their respective uniforms during classification. Unable to do so may be grounds for Disqualification from the Games.

Schedule of classification:

1. Feb. 16 AM – NCR, region 4A, 4B (MIMAROPA)
2. Feb. 16 PM – Region 1, 2, 3, CAR
3. Feb. 17 AM – Region 5, 6, 7, CARAGA
4. Feb. 17 PM – Region, 8, 9, 10
5. Feb. 18 AM – Region, 11, 12, AFP

13. PARTICIPATION QUOTAS:

AREA	REGIONS	NUMBER OF PARTICIPANTS					
		Department of Education			LGU's & NGO's		
		Coaches/Officials	Athletes	Total	Coaches/Officials	Athletes	Total
Luzon	REGION I	5	15	20	8	22	30
	REGION II	5	15	20	8	22	30
	REGION III	5	15	20	8	22	30
	REGION IV-Calabarzon	5	15	20	8	22	30
	REGION IV-Mimaropa	5	15	20	8	22	30
	REGION V	5	15	20	8	22	30
Visayas	REGION VI	5	15	20	8	22	30
	REGION VII	5	15	20	8	22	30
	REGION VIII	5	15	20	8	22	30
Mindanao	REGION IX	5	15	20	8	22	30
	REGION X	5	15	20	8	22	30
	REGION XI	5	15	20	8	22	30
	REGION XII	5	15	20	8	22	30
	CARAGA	5	15	20	8	22	30
	CAR	5	15	20	8	22	30
	NCR-School Base	10	40	50	-	-	-
	NCR-LGU's	-	-	-	10	40	50
	AFP				10	40	50
	TOTAL	90	260	350	150	400	550
	NATIONAL TEAM	100 pax					
	GRAND TOTAL	1000 PARTICIPANTS					

Note:	Breakdown of Participants @ 20 pax:	Number	Total
	Blind	5 pax	15 pax
	Ortho/Amputee/Whlcr/CP	5 pax	
	Intellectually Disabled	5 pax	
	Coaches/Officials/Guides	5 pax	5 pax
TOTAL		20 PAX	

	Breakdown of Participants @ 50 pax:	Number	Total
	Blind	12 pax	35 pax
	Ortho/Amputee/Whlcr/CP	18 pax	
	Intellectually Disabled	5 pax	
	Coaches/Officials/Guides	15 pax	15 pax
TOTAL		50 PAX	

	Breakdown of Participants @ 30 pax:	Number	Total
	Blind	10 pax	25 pax
	Ortho/Amputee/Whlcr/CP	10 pax	
	Intellectually Disabled	5 pax	
	Coaches/Officials/Guides	5 pax	5 pax
TOTAL		30 PAX	

All participating regions must submit the complete and final list of athletes and their classification (if previously classified) to Philspada on or before February 1, 2013. The list shall be in the same format as attached below:

14. ACCOMODATION:

- ♦ All participants will be accommodated at the Felecisimo E. San Luis National High School, beside Laguna Sports Center.

15. REGIONAL/PROVINCIAL/MUNICIPAL DELEGATIONS:

- ♦ Meals – to the delegates account
- ♦ Transportation – from local to Laguna Sports Center and back (to the delegates account)
- ♦ Free accommodation to all delegates (Felecisimo E. San Luis National High School, beside Laguna Sports Center)-delegations must provide their own sleeping materials and toiletries.

16. OBLIGATIONS:

All athletes entered must compete against any other participating athletes and by entering, agree to be bound by the rules and regulations of the organizing committee, Anti-Harassment and Classification policies and procedures during the event. The entry forms contain an undertaking to be signed by a responsible official of the regional delegations and the team member covering these matters and no entry will be accepted unless such an undertaking has been given.

The PHILSPADA AND THE ORGANIZING COMMITTEE WILL NOT GIVE MONETARY ALLOWANCES TO ATHLETES NOR IS OBLIGED TO GIVE SUCH FORM OF RENUMERATIONS TO PARTICIPATING ATHLETES.

Similarly, it is the responsibility of the Delegation, athlete or team member to ensure that he or she has adequate medical clearance to compete.

17. DOCUMENTS ATTACHED:

Together with this Guidelines, attached are the following documents:

10.1 entry forms:

- 10.1.1 Final and team entry forms by name
- 10.1.2 Arrival/Departure form