## National Fun Run for Education: "Every Runner a Finisher, Every Finisher a Winner," June 19, 2011

### Suggested Guidelines for 1km to 2km walk/run

#### PRE EVENT PREPARATION

- -Determine and secure a venue to be used as an Assembly Area and Activity Area
  - Open Lot with adequate space:
    - ➤ 4 persons per square meter (e.g. For 1,000 people, at least 250 square meters needed)
- -Determine and Secure Route
  - roads need to be in good paved condition
  - free of potholes as much as possible
  - 2 to 4 lanes wide (6 meters to 12 meters wide)
  - very few vehicular traffic and smog during EVENT DATE
  - sample route: from City Hall Plaza to Local Public School
- -Acquire necessary permits from Local Government Units
- -Assemble/Form and Coordinate the following multi-sectoral teams
- 1. **Route Marshals Team** are present to direct runners/participants in the right direction and communicate to Head Organizers for updates, emergencies, etc.
  - a. 1 route marshal for every 100 meters
  - b. 1 route marshal for every corner/intersection
- 2. **Traffic Marshals Team** are positioned at every intersection to control motorized and non-motorized vehicles from colliding with participants/walkers

  a at least 2 traffic marshals need to be designated at every intersection of the
  - a. at least 2 traffic marshals need to be designated at every intersection of the route
- 3. **Security/Peace and Order Team (Local PNP)** to monitor and ensure safety of the event from criminal elements (thieves, looters, riots, terrorism, etc) a. needs to be at least 500 meters apart along the route
  - b. Areas to be secured: Starting Line/Assembly Area, Finish Line/Activity Area, Awarding Area, Route
- 4. **Clean Up Team-** is in charge making the area orderly and clean of trash after the last runner
- 5. **Medical Team** will be responsible for monitoring and responding to medical emergencies during the event
  - a. at least 1 team along the Route
  - b. at least 1 team at the Finish/Activity Area

c. at least one Ambulance Unit on Stand-by mode

#### **OTHERS**

- a. production of giveaways for participants (t-shirts/pens/pins/wrist bands, etc.)
- b. uniform for Event Team (Planning Team, Route Marshals).
- c. maps of route
- d. media invitations (picture taking, documentation)

## Checklist for START LINE/ASSEMBLY AREA - please ensure the following materials are prepared 1 day before the event

- a. area for stage, sound system, lighting system
- b. electrical supply
- c. holding area for participants
- d. event host, guest speakers
- e. sample program: National Anthem, Prayer, Welcome Remarks, Instructions
- f. communication for organizers (radios/cellphones)
- g. toilet facility (1 for every 100 pax)
- h. trash bins
- i. picture taking, documentation

# FINISH LINE/ACTIVITY AREA - please ensure the following materials are prepared 1 day before the event

- -Water Station
- 1. Adequate potable water for ALL participants and guests
- 2. tents
- 3. tables
- 4. cups
- 5. trash bags
- -welcoming activity (marching band, cheering, etc.)
- -area for crowd: gymnasium, covered courts
- -stage
- -sound system and electrical supply
- -program of events
  - ➤ lively music
  - > script/speech
  - host and guest speakers
- -medic/1st Aid Station Area
- -picture taking, documentation
- -trash bins

### **OPTIONAL**:

- tents, tables, chairs for Organizing Team/VIPs and/or Participants
- > snacks for Organizing Team, Marshals, Traffic and Security Personnel, VIPs